

Introducing the first purpose built extra-care village to be built in Cumbria

Heysham Gardens and Heysham Meadows – a new village community

Location:

The Extra Care Village will be built in the Belle Vue ward of Carlisle West and is close to Newtown Road, a main arterial road out of the city centre. Newtown Road offers local shops and amenities and the Cumberland Infirmary is within a mile. The area benefits from excellent transport links in and out of the city centre.

Our vision:

The development aims to create a dynamic and flexible model of extra care that will promote quality of life and health for the wider older population in the area, and sustain vulnerable older people with chronic and other health conditions in the community. This vision has been developed by Cumbria County Council (as part of its transformational programme for older people's services and focus on individualisation) along with Cumbria Primary Care Trust - Carlisle Locality, Carlisle City Council and Eden Housing Association.

Developing the vision has also involved the wider community and voluntary groups working in the area as well as active resident involvement from older people aged 50+ and current extra care tenants.

Heysham Gardens and Heysham Meadows will:

- Provide 60 units of multi tenure Extra Care housing which will be sold or let to older people with a range of dependency levels to ensure a vibrant community
- Provide a 'virtual extra care' outreach role to support vulnerable older people in the community
- Use the public communal areas in the scheme, separate from areas for residents, to provide a community hub for all older people in the area, both active and vulnerable. This will be delivered through partnerships with the PCT and The Living Well Trust.

This will be the first new build multi tenure extra care scheme to be built in Cumbria. The development aspires to high standards of architectural and landscape detail introducing sustainable construction techniques, green roofs, renewable energy sources and low energy consumption.

The development will consist of **Heysham Gardens** a core building that will offer 40 two-bedroom apartments; and **Heysham Meadows** which will consist of 14 two-bedroom bungalows, 2 three bedrooms bungalows and 4 three-bedroom houses that will have a disability suite on the ground floor.

The community hub will offer flexible areas to allow for café/restaurant/social club and medical clinics. The scheme is designed to reflect contemporary good practice and to meet a range of health and care needs. It is designed for dementia and incorporates assistive technology in the design.