

Useful

Telephone Numbers

Social Services

For elderly care i.e needs sheltered accommodation.

Carlisle - 01228 607000

West Cumbria - 01900 325325

Eden - 01768 242242

NHS Direct - 24 hours a day, 7 days a week 0845 4647

United Utilities

Following numbers are for any problems regarding main supplies or meter problems.

Water - 0845 746 2200

Electricity - 0800 195 4141

Transco Gas - 0800 111 999

Blockages of sewers - after hours - 0845 602 0406 (In case of any public blockages)

Leak line - 24 hours a day; 7 days a week 0800 330033 (Main supplies i.e. Roads etc)

Police

Penrith Police – 08453300247

Other Useful numbers

Warm Front – 0800 3162 814 – for advice on grants available to cover insulating your home and installing new heating systems.

Winter Warmth Advice Line - 0800 0857 000

Age Concern - 0800 169 6565 (for any advice to the elderly or help with recharge costs)

Eden District Council – 01768 817817 – general help and assistance regarding your taxes and benefits, as well as housing advice and advice and guidance in extreme weather conditions.

British Gas Emergency – 0800 111 999

Energy Saving Trust – 0800 512 012 – Free, impartial information and advice about energy efficiency and grants and schemes available for implementing energy efficiency measures.