

## NEWS RELEASE

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### Residents gather for Inter-Scheme Olympics

To mark Eden Housing Association's (EHA) twenty-year history, tenant and resident groups across Cumbria were offered a grant to organise local events and activities to celebrate their special birthday. The most recent event was an Inter-Scheme Mini-Olympics challenge for residents living in supported or extra care housing.

Thirty tenants travelled to Penrith Rugby Club for a day packed with fun, games and lunch. Fielding teams were the extra care schemes at Mill Gardens in Kirkby Stephen and Rampkin House in Appleby, plus the supported housing scheme at Sim Court in Penrith.

Whilst it was 'The Friendly Games', there was an air of competitive spirit amongst those taking part. Games included Table Pong, Garden Darts with special awards up for grabs in the Hook a Duck and the Welly Wanging competition as well as a trophy for the overall scheme winner.

Commenting on the day, Debbie Wilkinson, Support and Activities Co-ordinator for EHA said "The atmosphere was fantastic, plenty of laughter and there were even some very alternative interpretations for some of the games. Tenants enjoyed lunch and still mustered the energy in the afternoon to complete the games which included the welly wanging competition – the highlight of the day.

"The feedback from tenants has been fabulous, and they are all keen for a rematch next year, hopefully involving more of our schemes."

EHA Chief Executive John Clasper thanked the EHA Independent Living team for pulling together the event before presenting the prizes.

Hook a Duck champion was Nora Maule from Sim Court in Penrith. Donald Walker from Mill Gardens in Kirkby Stephen was "Wellie Wanger" champion and Mill Gardens also won the trophy for overall champions. Sim Court put in a tremendous effort coming second, pipping Rampkin House who came third. Residents all received a certificate and 'gold' medal for taking part.

#### **Pictures:**

The victorious team from Mill Gardens. Joan Sowerby tries out the welly wanging competition.

