

Press Release

17 September 2019



Eden Housing Association Employees Run and Dive for Hospice at Home

Three employees from Eden Housing Association have tested their stamina and fear by competing in a half marathon and a daring Skydive to raise funds for local charity Hospice at Home Carlisle and North Lakeland.

Max Stoddart and Brad Renwick successfully completed the 13.1 mile half marathon Great North Run, whilst Karen Teasdale faced her fears to jump out of a plane at 120mph and plummeted down 15,000 feet.

Karen was first to face her fear on Saturday at Black Knights Parachute Centre in Lancashire. Karen said "The weather was superb and the flight provided magnificent views. The experience was scary but exhilarating! Thank you to family, friends and work colleagues who sponsored me for such a great cause."

Max and Brad undertook their challenge on Sunday, starting off from Newcastle City Centre and running 13.1 miles to finish at South Shields. Both Max and Brad are strong runners, both having completed the GNR just two years ago with a team from EHA, and were determined to achieve personal best. Brad was first home in 01:33:10 with Max finishing at 01:38:24.

Eden Housing Association has undertaken challenges in the past for Charity Partner Hospice at Home such as Total Warrior and the Coast to Coast cycle ride. This year has seen funding raised by dress down days, bake offs and raffles. Together, Karen, Max and Brad have raised more than £1,700 for Hospice at Home Carlisle and North Lakeland.

Sheila Thompson, Volunteer for Hospice at Home, received the cheques on behalf of Hospice at Home. The charity said "Hospice at Home cannot thank our Business

Partners Eden Housing Association and all the Staff for their continued support. They have, over the years, taken up many challenge events and raised a fantastic amount of money for local patients, their families and carers. Karen took the brave decision to Skydive for Hospice at Home this year and raised the awesome amount of £420, whilst Max and Brad did fantastically in the Great North Run raising an amazing £1,341.61. We truly do appreciate the support of Karen, Max, Brad and Eden Housing Association!"

Anyone wishing to do so can still donate via <https://www.justgiving.com/fundraising-edit/Eden-Woof> and <https://www.justgiving.com/Karen-Teasdale3>



Left to Right – Karen Teasdale (Prevention & Crisis Support Officer), Sheila Thompson (Hospice at Home Volunteer), Max Stoddart (Customer Advisor), Brad Renwick (Finance Assistant)