

**STAYING WARM
THIS WINTER**

HOW CAN WE HELP YOU?

During the colder weather we understand the importance of keeping your home warm and your energy costs down.

We offer advice and support from a dedicated team of call handlers and engineers, 24 hours a day, 365 days a year.



Eden Housing Association
Blain House, Bridge Lane,
Penrith, Cumbria CA11 8QU
Tel: 01768 861400
www.edenha.org.uk
Email: enquiry@edenha.org.uk

WINTER ADVICE

Leave the central heating on for short periods of time throughout the day.

Never use your oven to heat your home.

Remember to turn portable heaters off when leaving the room or going to bed.

Test smoke alarms monthly.

In extreme weather conditions check on your neighbours.

Before it turns cold, test your central heating system to make sure it is working correctly. Run the heating for 30 minutes as this will allow you to check your radiators heat up correctly. This means any problems are identified and can be resolved before winter, avoiding any loss when you need it the most.



IS YOUR HOME READY FOR WINTER?



WINTER 2019/20

SMELL GAS?

If you can smell gas or are worried fumes containing carbon monoxide may be escaping from your gas appliance, call the National Gas Emergency Service on 0800 111 999.

Turn off the gas supply at the emergency control valve.

Turn off the appliance. Do not use it again until it has been checked by a gas safe registered engineer.

Do not use any naked flames or smoke.

Do not use any electrical switches – if it is on leave it on, and if it is off leave it off.

Open doors and windows to ventilate the area.

If you are feeling unwell visit your GP or hospital immediately and inform them you may have been exposed to carbon monoxide.

**BETTER SAFE
THAN SORRY**

ENERGY SAVING HINTS AND TIPS

Check your energy tariff

An annual check can make sure you are on the most competitive tariff.

Switch off lights when not needed

Using energy efficient light bulbs can also help long term saving.

Switch off appliances or unplug them

Leaving an appliance on standby still uses energy.

Use your washing machine at a lower temperature

Washing at 30°C can save electricity.

Switch off your oven early

Your oven will retain its temperature for up to 10 minutes continuing to cook your food but still allowing you to save energy.

Save Water

Use the shower rather than the bath. Only fill your kettle with the amount of water you need.

Buy energy efficient appliances

All appliances come with energy efficiency ratings. Buying the most energy efficient model can save money in the long run.

GETTING YOUR HOME READY FOR WINTER

Ensure your boiler is properly maintained. A planned maintenance service ensures that all heating solutions are safe, cost effective and sustainable. Make sure you allow access to our gas safe registered engineers to carry out this vital check.

Draw your curtains at dusk, and shut your doors. This will minimise heat escape through windows and keep the heat in the room you are in.

Ensure your doors and windows are draft free. Block up any gaps that let warm air out. This will not only keep your house warm but also save money on your energy bills as you won't need the heating on as much.

Use your timer. Set your heating to only come on and off as you need it. It is not cheaper to leave it on all the time.